

On the Home Front:

*A report on home visiting in Westchester County
in support of the critical 0 to 5 years*



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On the Home Front:

A report on home visiting in Westchester County in support of the critical 0 to 5 years

Introduction

The early years of a child's life are critical for physical, emotional and cognitive development. Early childhood home visiting services are a key support for families with young children from 0 to 5 years of age, providing individualized in-home guidance and support, as well as connection to needed services for families. While the details of evidence-based or evidence-informed home visiting models differ—visits may be conducted by nurses, social workers or paraprofessionals, visits may start as early as pregnancy and continue as late as kindergarten entry—all have been shown to have long-lasting positive effects on child and family wellbeing. These programs can reduce child abuse and neglect, improve family and parent functioning, improve child health and increase school readiness¹.

Despite the proven results and high cost-benefit ratio of home visiting services, only a small portion of the families who could benefit from such programs actually receive these services. In Westchester County, for example, over **95%** of low-income families (for whom childbirth expenses were covered by Medicaid) do not receive the home visiting services they need.²

Since 2009, Westchester Children's Association (WCA) has convened and chaired a Home Visiting Workgroup. Its 25-plus active members represent county departments, nonprofit social service and health providers, early childhood educators, and others. The objective of the workgroup is to expand and improve home visiting services in the county by advocating for increased funding and improving communication and collaboration among programs currently providing home visits or otherwise serving very young children and their families.

In 2011, WCA conducted a scan of existing home visiting services and their program capacity in Westchester County. During the summer of 2016, with input from the workgroup, WCA undertook a more detailed assessment of the landscape of home visiting programs in Westchester. This report shares the results of the 2016 survey and makes recommendations for further study and action. We hope it will help guide the work of community organizations, elected officials, and philanthropists as we all work collaboratively to expand and coordinate home visiting services in Westchester.

¹ *Home is Where the Start Is*, 2016, Schuyler Center for Analysis and Advocacy, <http://scaany.org/policy-areas/maternal-infant-and-early-childhood/>

² *Home is Where the Start Is*, 2016, Schuyler Center for Analysis and Advocacy, <http://scaany.org/policy-areas/maternal-infant-and-early-childhood/>

Methodology

There are a variety of early childhood home visiting services operating in Westchester County. Our survey included **all** programs we could identify that had a home visiting component, even if that was not the primary focus of the program. The survey was designed to understand the full continuum of programs currently available to families in Westchester County. While many of the nationally recognized, evidence-based programs such as Nurse-Family Partnership, Healthy Families America, Parents as Teachers or Parent Child Home Program, provide long-term in-depth home visits, for some families a single visit from a nurse or social worker may be the only support they need. As the Westchester Home Visiting Workgroup works toward a coordinated system of early childhood home visiting services, we felt it was important to know about the range of home visiting programs currently available to families.

WCA conducted the home visiting scan from June 2016 through July 2016 and administered it through an online survey tool. We sent the survey to twenty-eight programs; fifteen programs completed the survey in full.

The following programs that provide home visits responded to our survey:

- ANDRUS-Healthy Families New York
- April's Child-Parent Aide Program
- birth-in-motion (doula services)
- Dominican Sisters Family Health Service-MCH Program
- Family Services of Westchester-Early Childhood Respite
- Family Services of Westchester-Early Head Start
- Family Services of Westchester-Early Recognition Screening Program
- Family Services of Westchester-Family Strengthening
- Family Services of Westchester-Head Start
- Mt. Vernon Neighborhood Health Center-Maternal Infant Community Health Collaborative
- Parents as Teachers
- Visiting Nurse Service in Westchester
- Westchester Community Opportunity Program-Head Start and Early Head Start Program
- Westchester County Department of Health
- Westchester Jewish Community Services-Parent Child Home Program
- Westchester Jewish Community Services-Young People Achieve

The survey consisted of five sections of questions (these can be found in appendix A):

1. Program Model
2. Program Staff
3. Clients Served By Program
4. Program Costs
5. Program Services & Evaluation

Key Findings:

Our survey was distributed to the widest possible array of programs that include visits to families in their service model, even if those visits are not the primary modality of service delivery. The results confirmed some of our expectations and challenged others. It also left us wanting to ask more questions.

- **There is wide variation among programs providing home visiting services:**

Our scan asked providers for basic information about their programs and the answers show that there is no “one-size-fits-all” approach to home visiting in our county. For example, program capacity varies from serving fewer than 25 to more than 1,800 families per year. Similarly, the number of visits annually varies from 1 or 2 to more than 50. Sixty percent of the programs responding to our survey have an income eligibility requirement for client families. Although we did not specifically ask this question, we know that families must be referred by the department of social services, family court, or other public agencies to receive services at some of the surveyed programs.

It is also interesting to note the geographic range of programs surveyed. Seven programs are countywide, while our five most urban municipalities are served by many more programs: White Plains (11 programs), and ten each for Mount Vernon, New Rochelle, Peekskill, and Yonkers.

Finally, we are unable to report clearly on the per-family cost of programs surveyed because we did not receive enough complete information on this topic.

- **The array of programs remains substantially unchanged since 2011:**

Because the organizations surveyed and questions asked in the 2011 and 2016 surveys were not identical, it is difficult to make an exact comparison between the two sets of results. However, we did find that most of the programs reporting operations in 2011 were still in existence in 2016. One notable addition to the field is Parents as Teachers program offered through Neighbors Link and the Bedford Central School District.

- **Capacity of some programs has declined:**

Specifically, we know that ANDRUS Community Services reported that their Healthy Families home visiting program was serving 80-120 families in 2016, down from 147 families reported in 2011. Similarly, April's Child, which was called the Child Abuse Prevention Center in 2011, is only serving half the number of families (75) that they were five years ago (150).

- **Capacity has grown in other programs:**

At the same time, some new programs have come to the county, such as Parents as Teachers (mentioned above) which serves 50 families per year. Additionally, West COP's Early Head Start program, which was not fully operational in 2011, now serves 1800 families a year along with its Head Start program.

- **The need for home visiting services is not declining:**

In fact, the need is increasing. Many more Westchester children could benefit from home visiting services. While the total number of births in Westchester County from 2011 to 2015 (most recent data available) has stayed flat (10,719 live births³ in 2011 and 10,699⁴ live births in 2015), the number of these births that were paid for by Medicaid ("low-income births") has increased from 3,968⁵ in 2011 to 4,169⁶ in 2015, a 5.1% increase. The Schuyler Center for Analysis and Advocacy estimated that the unmet need for evidence-based home visiting services for families who live at or below 100% of the federal poverty level in Westchester is 95.2%.⁷ Many families whose incomes are above the federal definition of poverty could also benefit from in-home supports.

Finally, of the programs we surveyed, more than half (54%) maintain a waiting list for services.

- **African American children are being under-served by home visiting programs:**

Home Visiting providers have long noted that the families they serve are overwhelmingly Hispanic/Latino. They report that they have difficulty engaging and enrolling African American families, and there is a concern that such families who could benefit from home visiting services are not receiving them.

³ NYS Dept. of Health, Vital Statistics of New York State 2011, Table 13,

https://www.health.ny.gov/statistics/vital_statistics/

⁴ U.S.Census, 2015 Population Estimates, Estimates of the Components of Resident Population Change: April 1, 2010 to July 1, 2015, <http://factfinder.census.gov>

⁵ NYS Dept. of Health, Vital Statistics of New York State 2011, Table 13,

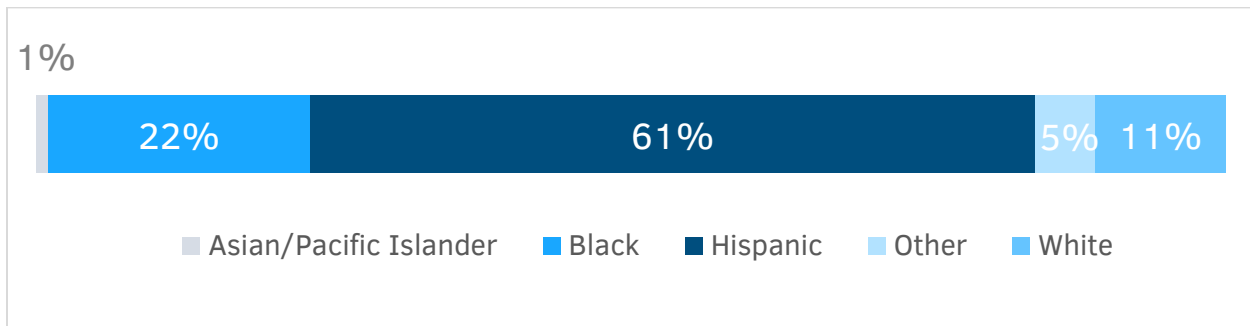
https://www.health.ny.gov/statistics/vital_statistics/

⁶ New York State Medicaid Claims, 2015, Salient Interactive Miner (SIM), Data extracted on 3/13/2015

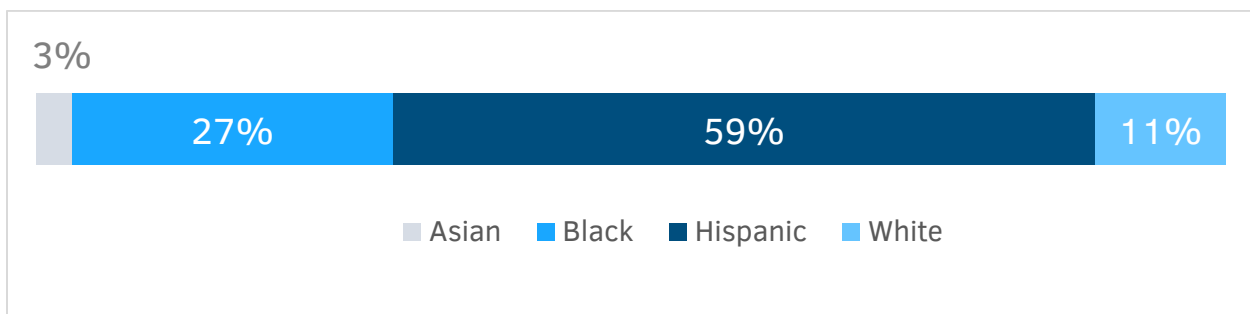
⁷ *Home is Where the Start Is*, 2016, Schuyler Center for Analysis and Advocacy, <http://scaany.org/policy-areas/maternal-infant-and-early-childhood/>

Providers in our survey reported the race/ethnicity of families served, and we compared those reported percentages with the prevalence of each group in the Westchester County's population of children ages 0-5 living below the Federal Poverty Level (FPL).

Based on survey results, the ethnic/racial breakdown of families served by home visiting programs is as follows:



These percentages can be compared to the following data about children 0-5 living below FPL as a percentage of the total number of children 0-5 living below FPL in Westchester⁸.



Home visiting serves Hispanic children roughly in proportion to their representation in the target population; they make up about 61% of those served by the programs who responded to our survey and 59% of all low-income children ages 0-5 in Westchester County. Unfortunately, Black children are underserved, representing just 22% of those served by home visiting programs, but 27% of young, poor children in the county.

Recommendations and Next Steps:

1. Explore/identify ways to effectively engage and serve eligible African American families.

Currently, the proportion of Black children served by home visiting programs is 18.5% **lower** than their representation in the target population of poor children 0-5 years of age. With our partners in the Home Visiting Workgroup, WCA will explore the barriers to

⁸ U.S. Census, 2015 American Community Survey 5-Year Estimates, Tables B17001B,D,H & I, <http://factfinder2.census.gov>

engaging Black or African American families and identify successful, evidence-based practices used to support such families in other communities.

- 2. Collect further data to determine if other client groups are similarly underserved, such as teen moms, LGBT families, undocumented families, etc.** This survey did not ask this question but it would be helpful to have information that is more granular. This information will inform the development of relevant programs, appropriate outreach and partnerships, and pursuit of specific funding opportunities.
- 3. Continue advocacy to increase political support and public funding for existing and emerging evidence-based and evidence-informed models.** Evidence-based home visiting produces long lasting and pervasive benefits for children and their families, translating into a strong return on investment. A strong evidence base allows programs to be better equipped to do ongoing evaluation, monitoring and measuring impact on children and families.
- 4. Build public support for home visiting.** This will require and deserves long-term committed effort by WCA and other advocates. One potential avenue to build public support for these investments is to make home visiting a *universal* service, such as it is in many European countries. In countries where home visits are available for all families, extra support is valued and appreciated when a new child enters the family, and public investments in these services are widely supported. WCA will advocate for the creation of a pilot universal home visiting program in one Westchester community in order to demonstrate the efficacy of this approach.
- 5. Promote collaboration and coordination between traditional home visiting and other programs serving families with children 0 to 5.** Virtually all survey respondents indicated that they collaborate with or refer clients to a variety of other services including school districts, health clinics, other child-serving programs, and county departments. We believe that there is an opportunity to strengthen services to young families by better linking home visiting programs to other emerging approaches.

Despite the shortage of evidence-based home visiting resources, there are bright spots for very young children on the Westchester landscape. Since 2011, a number of independent programs and new services have developed and are targeting low-income and vulnerable families with young children. They include modest expansion of evidence-based home visiting (Healthy Families and Nurse Family Partnership in Yonkers), group early literacy programs (Five by Five), parent outreach based in health settings (Baby Box Project at Open Door), and also the recent adoption of the Boston Basics model by several school districts (Ossining, Peekskill, and Yonkers.) The challenge and opportunity is how to

maximize existing resources and develop innovative, coordinating programming that reaches as many children and families as possible. With our partners, WCA is currently seeking funding and opportunities to convene all 0-5 service providers by community and facilitate local coordination and planning.

Conclusion:

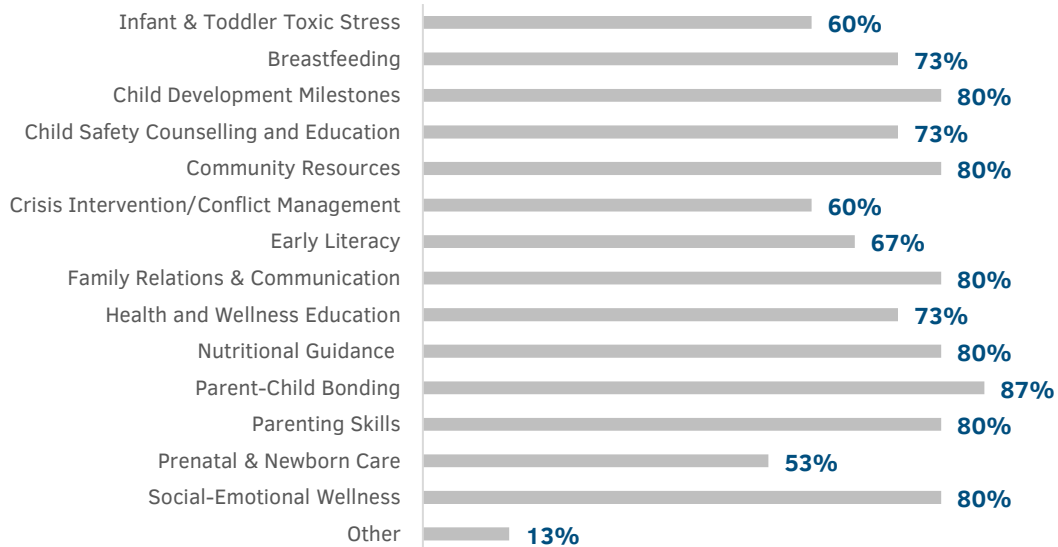
Early childhood home visiting services, especially those provided through evidence-based models, are powerful, long-lasting interventions that improve outcomes for vulnerable children and families. Although home visiting programs in Westchester exist and are having positive impacts, they have severely limited capacity due to lack of funding. Moreover, despite vigorous advocacy at the federal, state and local levels, the prospect for increased government investments in this proven method is currently dim.

Young children *cannot wait* to get the supports they need. We must find ways to focus and leverage current resources to promote healthy development for more children and their parents. WCA remains committed to ensuring that all children have the best start possible within families that have their physical, social, emotional and developmental needs met, as well as to working with all possible public, private and nonprofit partners toward this goal.

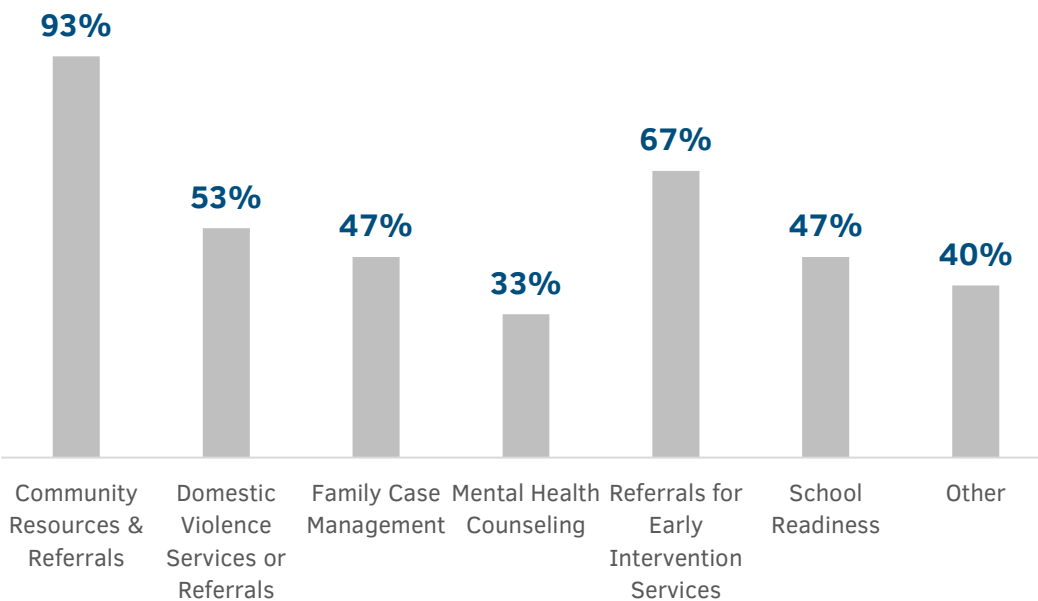
Highlights of 2016 Home Visiting Survey Results

Program Characteristics

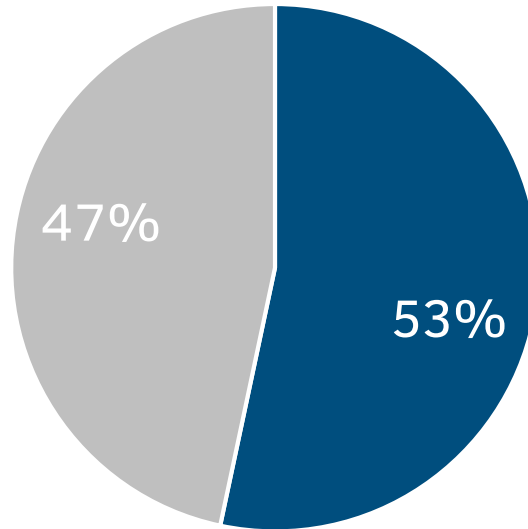
What percent of the programs offer the following client education topics?



What percent of programs offer the following client services?

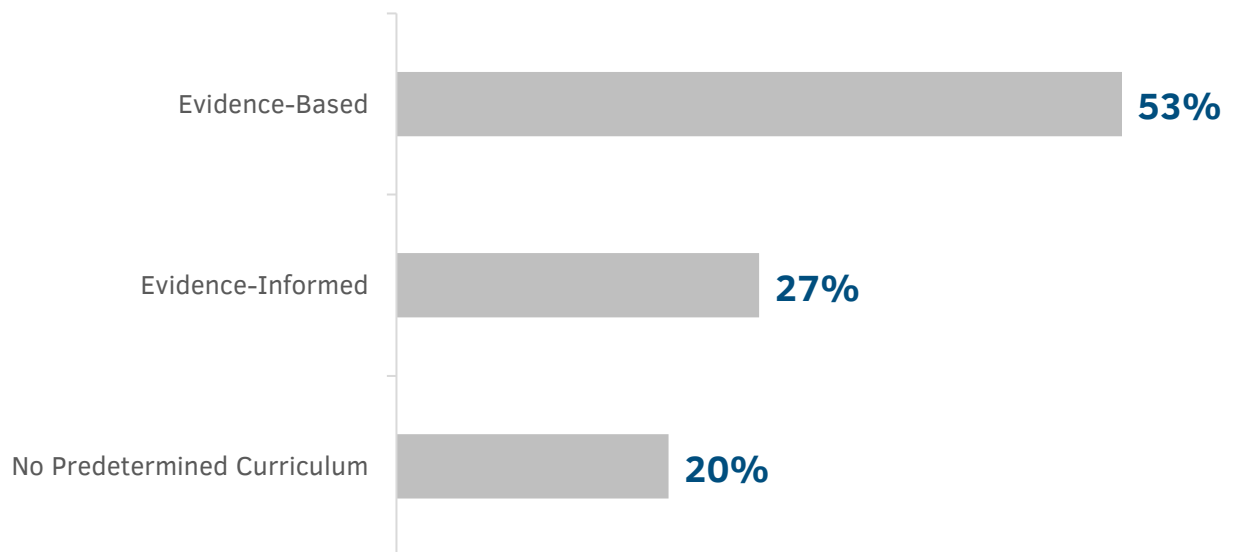


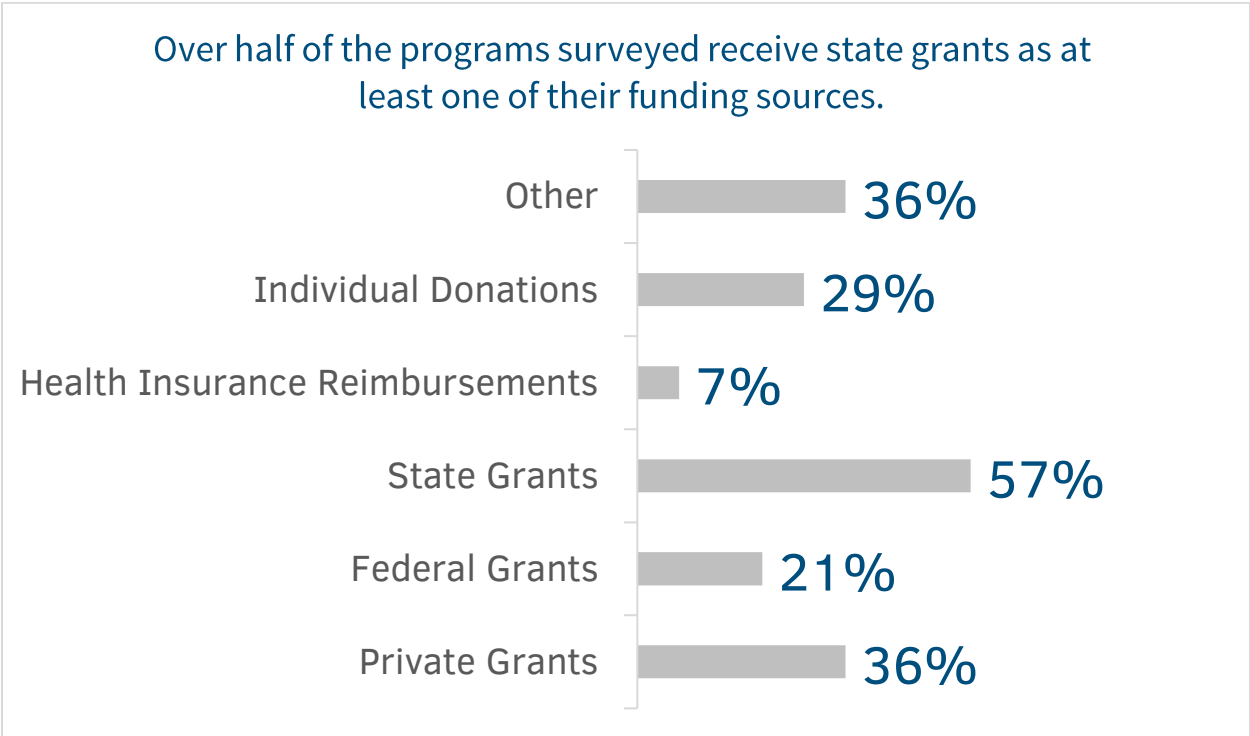
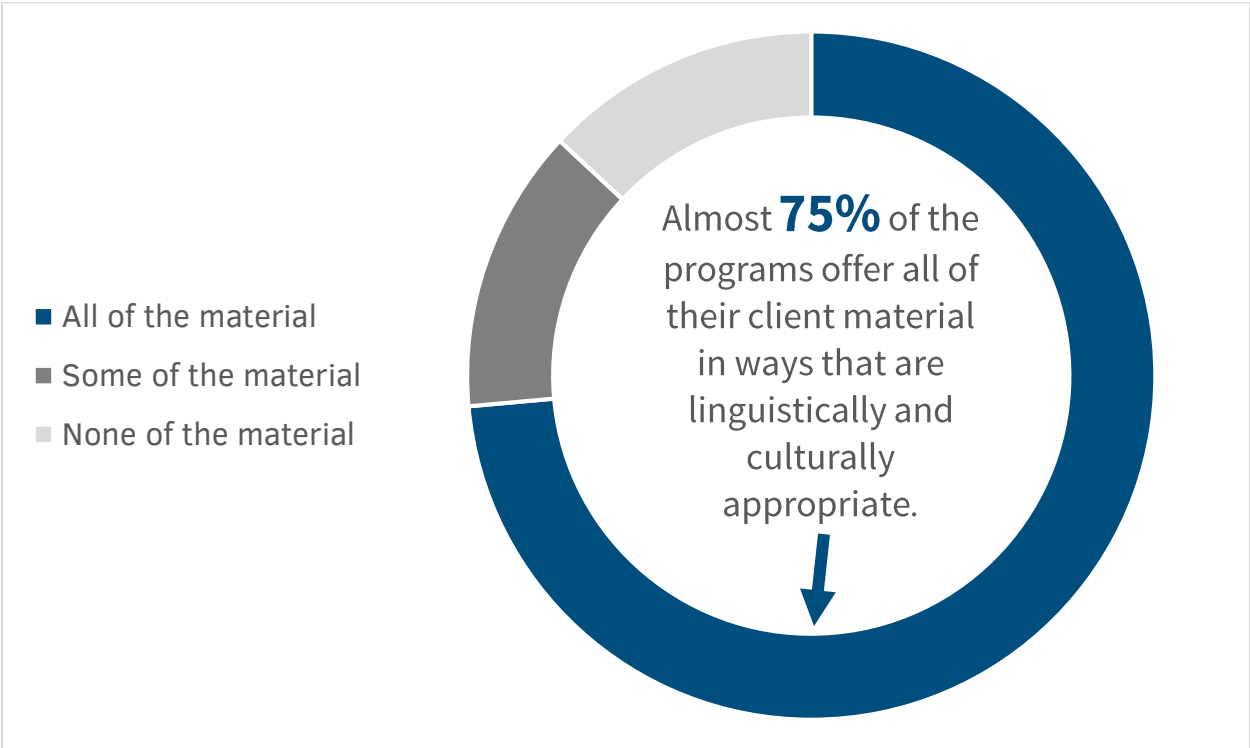
Over half of the programs surveyed are using a formal program evaluation tool.



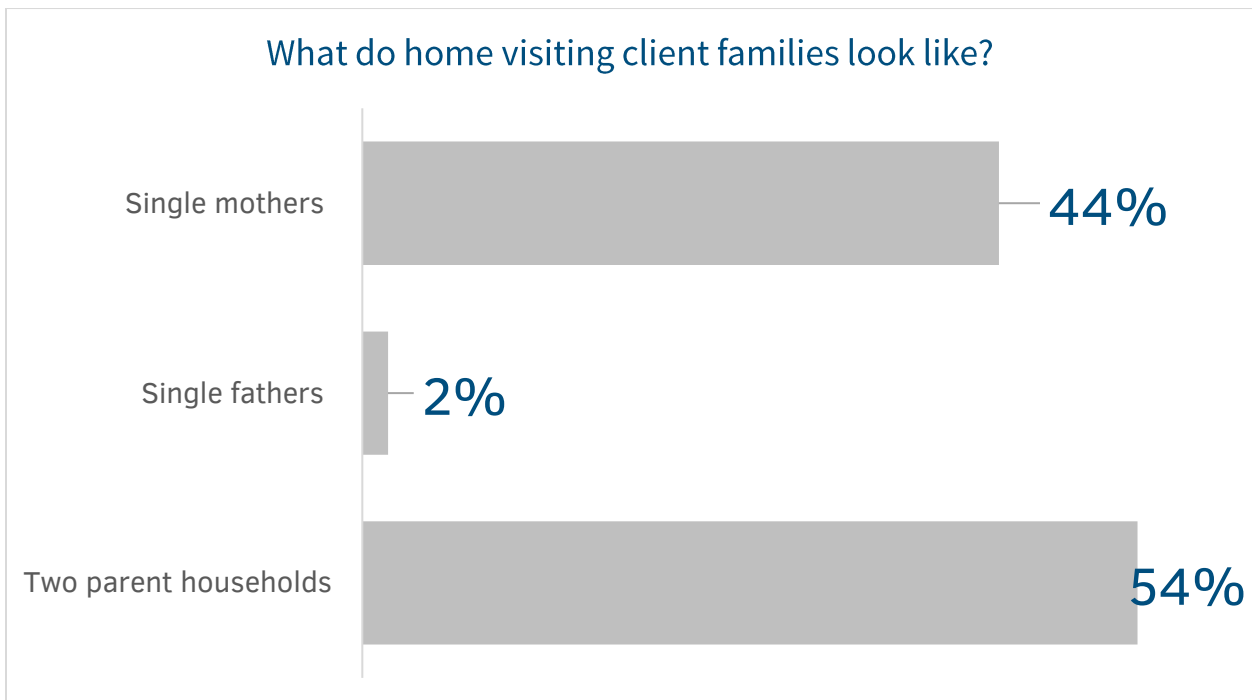
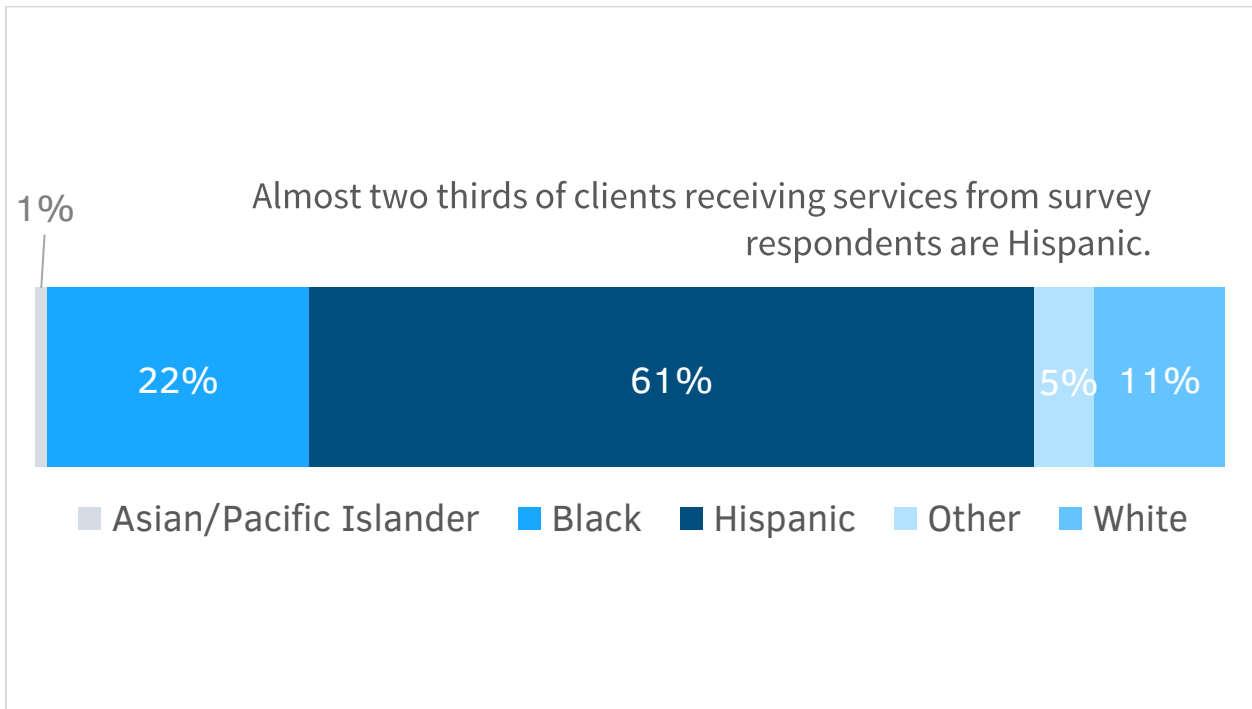
■ Use a Formal Tool ■ Do Not Use/Not Sure

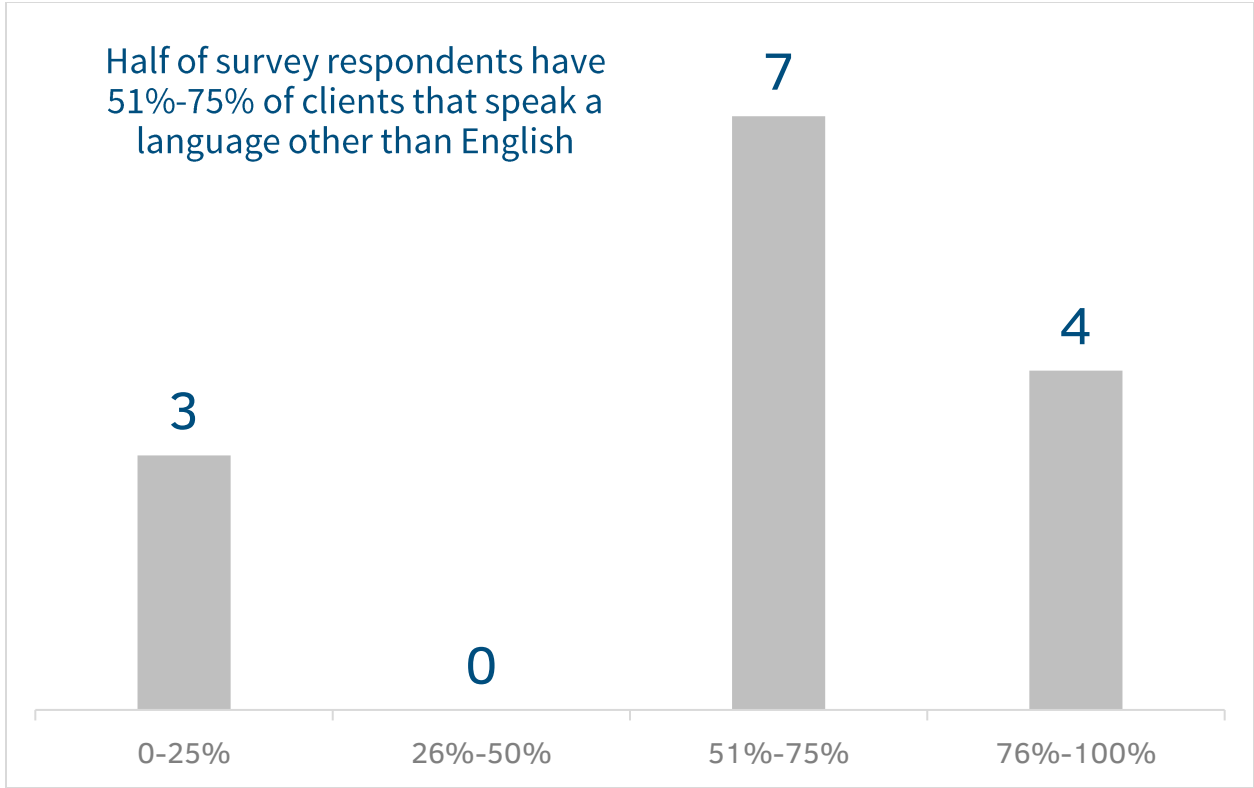
80% of the programs are using either evidence-based or evidence-informed program models.



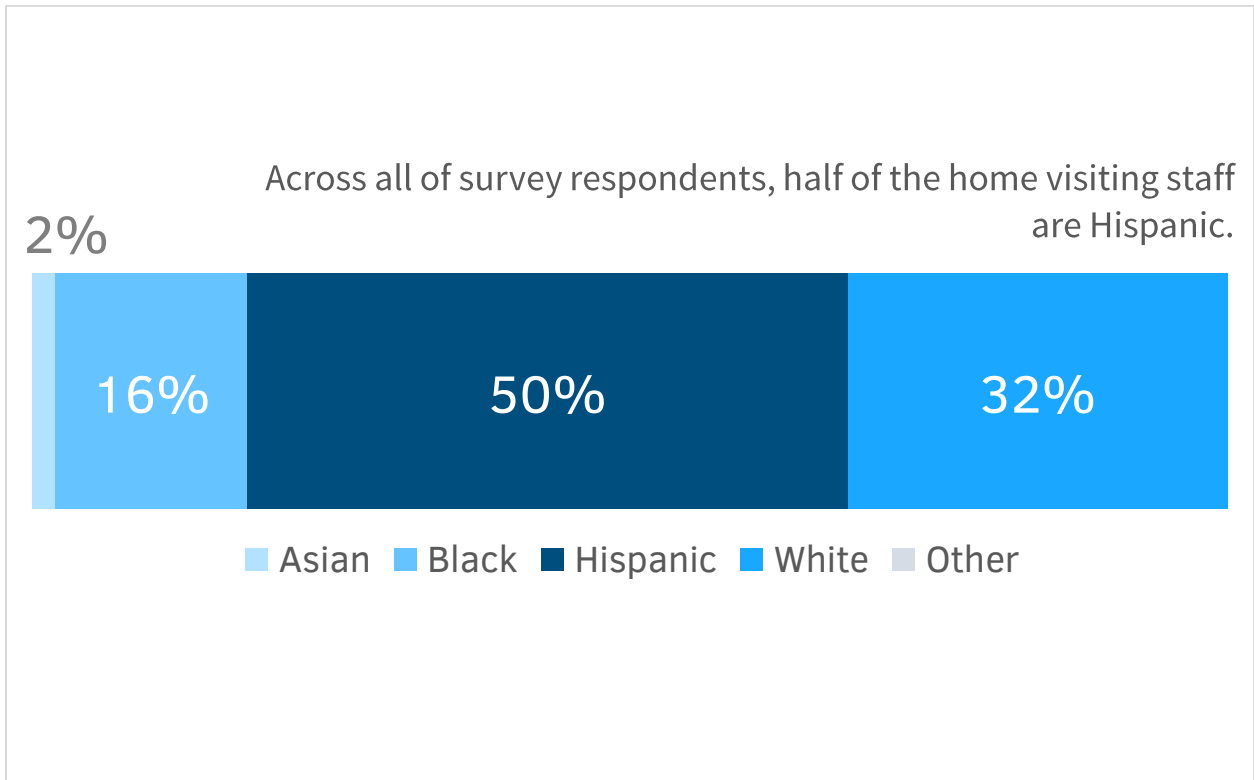


Client Characteristics

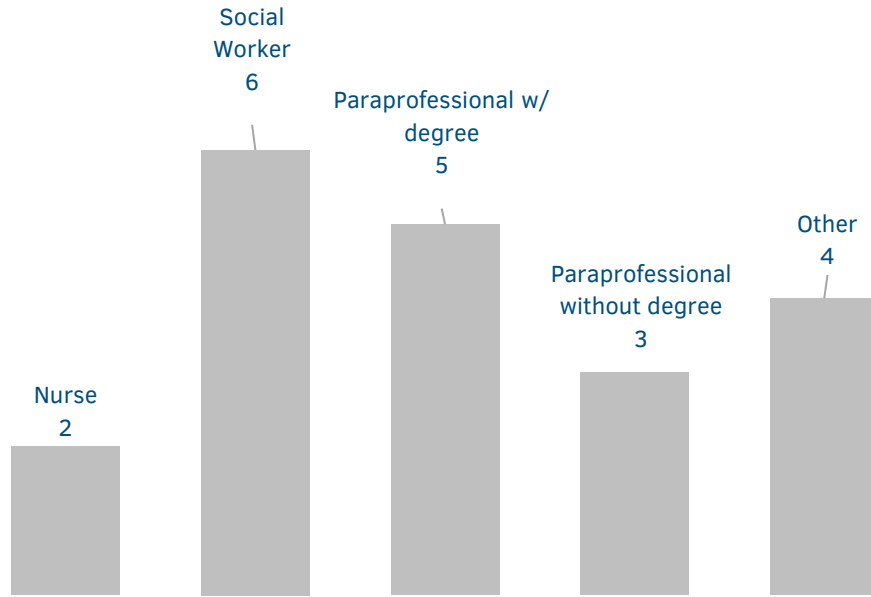




Staff Characteristics



What type of staff conducts home visits?



13

Out of 15 survey respondents,
only 1 program
did NOT have a bilingual staff.

1

1

1

1

Spanish

Only English

Creole

Arabic

German

Westchester County Home Visiting Programs

Westchester County Maternal, Infant, Child, and Family Home Visiting Programs

Supports such as maternal, infant, child and family home visiting programs for families with children under the age of 6 can help strengthen families by enhancing the well-being and development of young children. As Westchester Children's Association's Home Visiting Workgroup strives to advance family-oriented solutions in Westchester County, we need information to compare available sources with the needs of our community.

In order to plan and advocate appropriately for expanded and targeted programs throughout Westchester County, we request that you fill out this survey to the best of your ability. If home visiting is one component of a larger array of services in your program, please answer these questions as they pertain to the home visiting portion of your services. Similarly, please limit responses to this survey to programs that work with infants, children and families under the age of 6. It should only take about 10-15 minutes of your time. If you have questions or need help completing the survey, please contact Sarah Halperin at intern@wca4kids.org or 914-946-7676 ext.309. We greatly appreciate your cooperation and look forward to hearing from you.

1. Organization/Agency

2. Name of Home Visiting Program

3. Contact Person

Name

Title

Email Address

Phone Number

Westchester County Home Visiting Programs

Program Model Information

4. Which of the following describes your program model? (See definitions below)

- Evidence-based program
- Evidence-informed program
- Working towards evidence-informed program
- Do not follow a predetermined curriculum

Evidence-based programs are those interventions that have been found to be effective through rigorous, peer-reviewed evaluations. To meet the Health and Human Services' criteria for evidence-based home visiting, a program must have at least one high- or moderate-quality study showing favorable outcomes in two or more domains, or a program must have at least two high- or moderate-quality studies showing one or more favorable outcome in the same domain. (For example: Early Head Start, Healthy Families NY, Home Instruction for Parents of Preschool Youngsters, Nurse-Family Partnership, Parents as Teachers) Source: Schuyler Center for Analysis and Advocacy, New York State Home Visiting Workgroup, <http://www.wca4kids.org/wp-content/uploads/2016/06/HV-Programs-Chart-Final-Draft.pdf>, e-mail communication 4/7/16.

Evidence-Informed programs use the best available research to inform their program design and delivery, allowing for innovation while incorporating lessons from existing research. (For example: Parent-Child Home Program) Source: Schuyler Center for Analysis and Advocacy, New York State Home Visiting Workgroup, <http://www.wca4kids.org/wp-content/uploads/2016/06/HV-Programs-Chart-Final-Draft.pdf>, e-mail communication 4/7/16.

5. Which zip codes does your program serve? Check all that apply. If zip code not listed, please add zip codes to other with each zip code separated with a comma.

- | | | |
|---|--|---|
| <input type="checkbox"/> 10507 (Bedford Hills) | <input type="checkbox"/> 10802 (New Rochelle) | <input type="checkbox"/> 10603 (White Plains) |
| <input type="checkbox"/> 10506 (Bedford Village) | <input type="checkbox"/> 10804 (New Rochelle) | <input type="checkbox"/> 10604 (White Plains) |
| <input type="checkbox"/> 10709 (Eastchester) | <input type="checkbox"/> 10805 (New Rochelle) | <input type="checkbox"/> 10607 (White Plains) |
| <input type="checkbox"/> 10523 (Elmsford) | <input type="checkbox"/> 10562 (Ossining) | <input type="checkbox"/> 10701 (Yonkers) |
| <input type="checkbox"/> 10552 (Fleetwood/Mount Vernon) | <input type="checkbox"/> 10566 (Peekskill) | <input type="checkbox"/> 10703 (Yonkers) |
| <input type="checkbox"/> 10543 (Mamaroneck) | <input type="checkbox"/> 10573 (Port Chester/Rye Brook) | <input type="checkbox"/> 10704 (Yonkers) |
| <input type="checkbox"/> 10549 (Mount Kisco) | <input type="checkbox"/> 10591 (Sleepy Hollow/Tarrytown) | <input type="checkbox"/> 10705 (Yonkers) |
| <input type="checkbox"/> 10550 (Mount Vernon) | <input type="checkbox"/> 10605 (White Plains) | <input type="checkbox"/> 10710 (Yonkers) |
| <input type="checkbox"/> 10553 (Mount Vernon) | <input type="checkbox"/> 10606 (White Plains) | <input type="checkbox"/> Countywide |
| <input type="checkbox"/> 10801 (New Rochelle) | <input type="checkbox"/> 10601 (White Plains) | |

Other (please separate zip codes with a comma):

6. How many families does your program serve a year?

7. How many home visits does your program offer a family in a year?

8. When do home visits begin (prenatally, 1st month post-partum, age 3, etc.)?

9. Does your program have a cut off age after which you terminate a client family?

Yes

No

If yes, please specify the age.

10. Does your program have a maximum number of home visits for each client family?

Yes

No

If yes, please specify the maximum number of home visits per family.

Westchester County Home Visiting Programs

Program Staff Information

11. Who provides the home visits?

- Nurse
- Social Worker
- Paraprofessional with undergraduate degree
- Paraprofessional with no undergraduate degree
- Other, please specify:

12. Do you have a bilingual staff?

- Yes
- No

If yes, please list each language spoken and the percent of staff who speak it separated by a comma.

13. What percentage of your **staff** fall in to each of the following ethnic groups? *Note: Sum of categories must add up to 100%.*

White

Hispanic or Latino

Black or African American

Native American or
American Indian

Asian / Pacific Islander

Other

14. To what extent does your program provide information and outreach material that are linguistically and culturally appropriate?

All of the material

Some of the material

None of the material

Westchester County Home Visiting Programs

Clients Served By Program

15. Does your program have an income eligibility requirement?

Yes

No

If yes, please specify income eligibility requirements (i.e. under 150% Federal Poverty Level)

16. Do you have a wait list?

Yes

No

If yes, how many people are on the wait list?

17. What percentage of your client families fall in to each of the following ethnic groups? *Note: Sum of categories must add up to 100%.*

White

Hispanic or Latino

Black or African American

Native American or
American Indian

Asian / Pacific Islander

Other

18. What percentage of your client families represent the following households? *Note: Sum of categories must add up to 100%.*

Two parent households

Single fathers

Single mothers

19. What percentage of your client families speak a language other than English as their primary language?

- 0% - 25%
- 26% - 50%
- 51% - 75%
- 76% - 100%
- Unknown

Westchester County Home Visiting Programs

Program Costs

20. What is the cost of your program per client family?

21. Does the above cost of your program per client family include all administrative and overhead costs (i.e. office space, training, etc.)?

- Yes
- No
- Other (please specify)

22. For your current program year, from which of the following sources does your program receive funding?
Check all that apply.

- Private Grants
- Federal Grants
- State Grants
- Health insurance reimbursements
- Individual donations
- Other

If other please specify

23. For your current program year, approximately what percentage of your funding comes from each of the following sources? If percentages are unknown, please skip this question.

Private Grants

Federal Grants

State Grants

Health insurance reimbursements

Individual donations

Other

Westchester County Home Visiting Programs

Program Evaluation & Services

24. Do you use a formal program evaluation tool?

- Yes
- No
- Not sure

If yes, please specify

25. What supports or education topics does your program provide to clients or families? Check all that apply.

- | | |
|---|---|
| <input type="checkbox"/> Brain Development in Infants & Toddlers (toxic stress) | <input type="checkbox"/> Family Relations & Communication |
| <input type="checkbox"/> Breastfeeding | <input type="checkbox"/> Health and Wellness Education |
| <input type="checkbox"/> Child Development Milestones | <input type="checkbox"/> Nutritional Guidance |
| <input type="checkbox"/> Child Safety Counselling and Education | <input type="checkbox"/> Parent-Child Bonding |
| <input type="checkbox"/> Community Resources | <input type="checkbox"/> Parenting Skills |
| <input type="checkbox"/> Crisis Intervention/Conflict Management | <input type="checkbox"/> Prenatal & Newborn Care |
| <input type="checkbox"/> Early Literacy | <input type="checkbox"/> Social-emotional Wellness |
| <input type="checkbox"/> Other (please specify separate topics by a comma) | |

26. Which of the following specific services does your program offer? Check all that apply.

- | | |
|--|--|
| <input type="checkbox"/> Community Resources & Referrals | <input type="checkbox"/> Mental Health Counseling |
| <input type="checkbox"/> Domestic Violence Services or Referrals | <input type="checkbox"/> Referrals for Early Intervention Services |
| <input type="checkbox"/> Family Case Management | <input type="checkbox"/> School Readiness |
| <input type="checkbox"/> Other (please specify separate services by a comma) | |

27. Does your program collaborate or partner with other agencies to provide additional services to your client families? If so, please list agencies separated by a comma.

2016 Westchester Home Visiting Programs Draft Scan Results

November 1, 2016
DRAFT HIGHLIGHTS

What zip codes does your program serve?

- All 28 zip codes included on survey have at least 1 home visiting program
- 7 programs are countywide:
 - April's Child
 - Birth-in-motion (doula)
 - Dominican Sisters Family Health Service
 - Family Services of Westchester-Family Strengthening
 - Family Services of Westchester-Early Childhood Respite
 - Visiting Nurse Services in Westchester
 - Westchester County Department of Health
- White Plains Zip Codes have the most programs (11)
- Mount Vernon (10550), New Rochelle (10801), Peekskill, Yonkers (10705) all have 10 programs

Summary of Scan

- Conducted Summer 2016
- 17 programs responded; 15 completed the survey
- 28 agencies contacted. The following 5 agencies responded not currently doing early childhood home visits:
 - Open Door
 - Ossining School District
 - Westchester County DCMH
 - Westchester County DSS
 - Montefiore/Healthy Steps

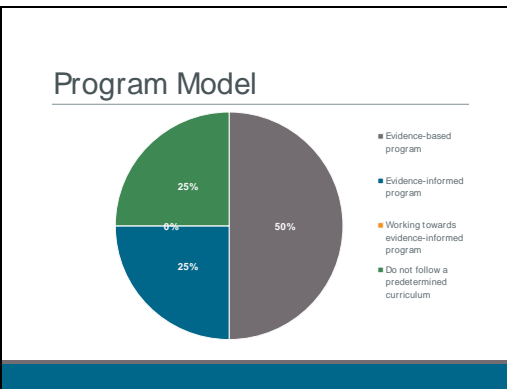
How many families does your program serve a year?

- Less than 25 families: 3 programs**
 - Family Services of Westchester, Early Childhood Respite
 - Family Services of Westchester, Early Head Start
 - Family Services of Westchester, Family Strengthening
- 50-125 families: 8 programs**
 - Andrus, Healthy Families-NY
 - April's Child
 - Birth-in-motion
 - Mt. Vernon Neighborhood Health Center, MICH
 - Parents as Teachers
 - Westchester County Department of Health
 - Westchester Jewish Community Services, Parent Child Home Program
 - Westchester Jewish Community Services, Young People Achieve

Program Model Information

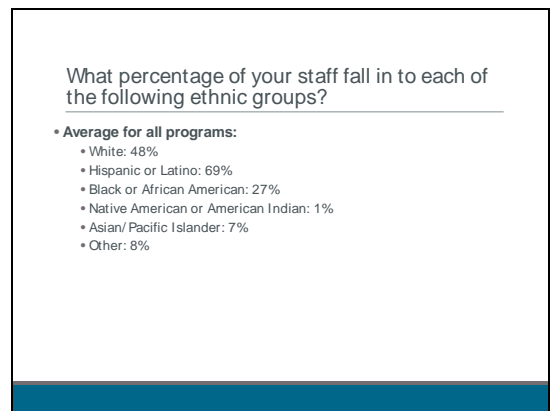
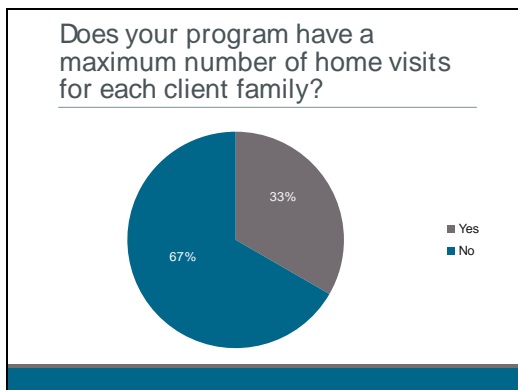
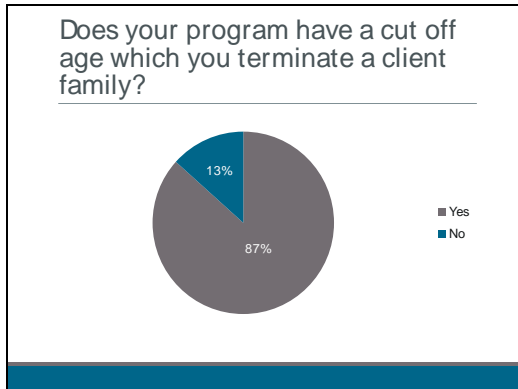
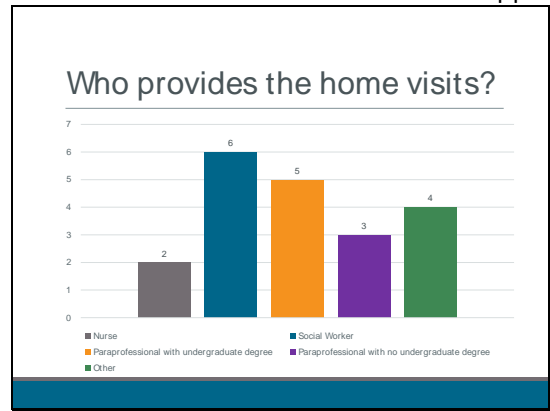
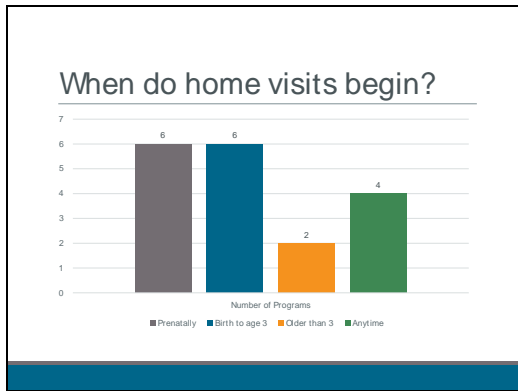
How many families does your program serve a year?

- 200 families: 1 program**
 - Family Services of Westchester, Head Start
- 1,000 families: 2 programs**
 - Dominican Sisters Family Health Service
 - Family Services of Westchester, Early Recognition Screening Program
- 1,800 families: 1 program**
 - WestCop, Head Start & Early Head Start Program

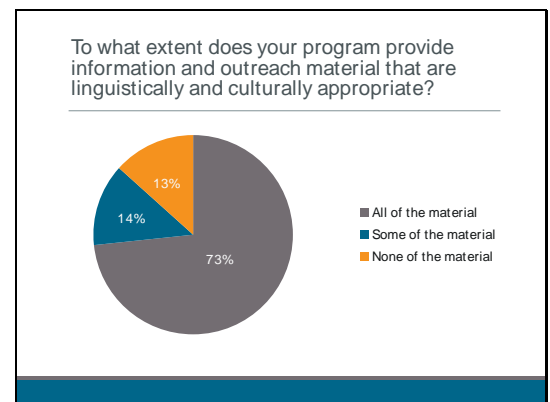


How many home visits does your program offer a family in a year?

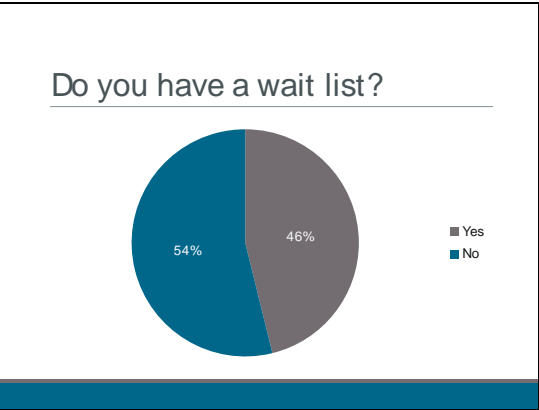
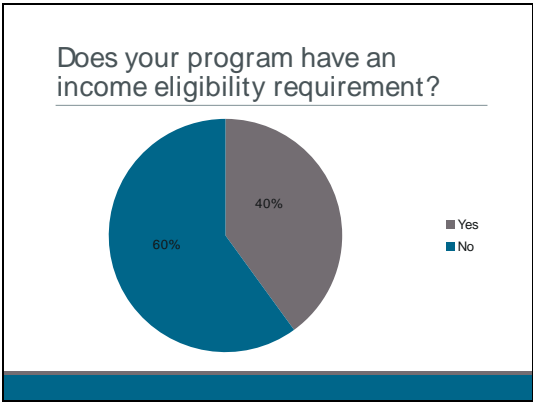
Name	Response
Westchester County Department of Health	3
Parents as Teachers	12-36
Family Services of Westchester, Head Start	2
WestCop, Head Start, Early Head Start	2-3
Family Services of Westchester, Early Head Start	32
Birth-in-motion	4
April's Child	50
WCS, Young People Achieve	5-8, depends on need
WCS, Parent Child Home Program	Minimum 40
Family Services of Westchester, Early Childhood Respite	1/week
Family Services of Westchester, Family Strengthening	2/week
Mt. Vernon Neighborhood Health Center	Monthly visits
ANDRUS	Up to 52 visits a year for new families
Dominican Sisters Family Health Service	Varies
Family Services of Westchester, Early Recognition Screening Program	Varies, no set requirement



Program Staff Information

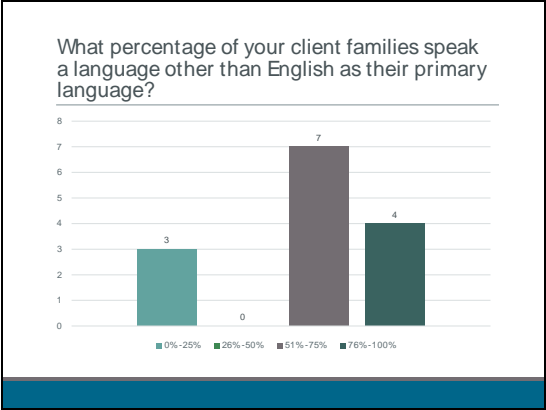
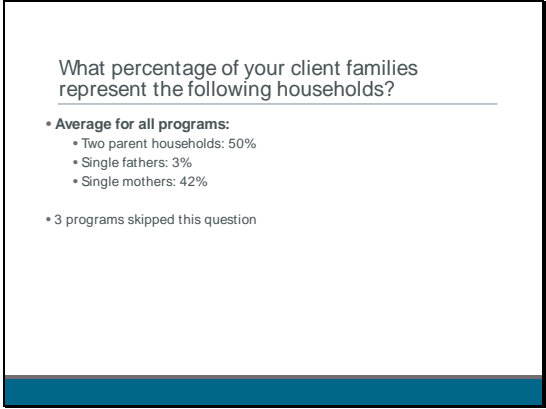
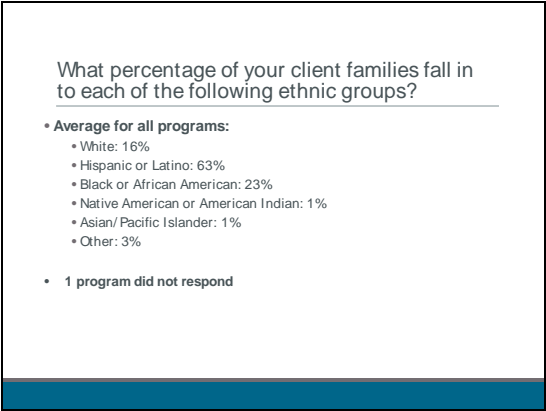


Clients Served by Program



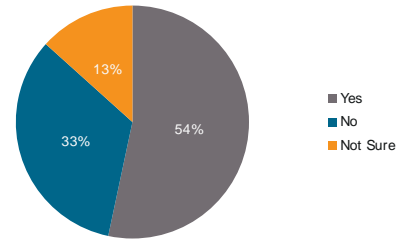
Size of wait lists

Program	Wait List Size
Family Services of Westchester, Early Childhood Respite	2
April's Child	6
Parents as Teachers	20
Family Services of Westchester, Head Start	50
Family Services of Westchester, Early Head Start	80
WUCS, Parent Child Home	140
Birth-in-motion	Sometimes, depends on when births occur

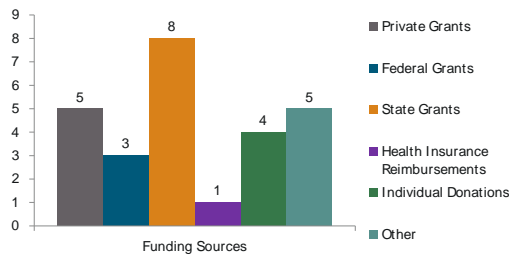


Program Costs

Do you use a formal program evaluation tool?



For your current program year, from which of the following sources does your program receive funding?



What supports or education topics does your program provide to clients or families?

Supports	Number of Programs
Parent-Child Bonding	13
Child Development Milestones	12
Community Resources	12
Family Relations & Communication	12
Nutritional Guidance	12
Parenting Skills	12
Social-emotional Wellness	12
Breastfeeding	11
Child Safety Counseling and Education	11
Health & Wellness Education	11
Early Literacy	10
Brain Development in Infants & Toddlers (toxic stress)	9
Crisis Intervention/Conflict Management	9
Prenatal & Newborn Care	8
Other	2 ("Reproductive Life Planning", "Play Education")

For your current program year, approximately what percentage of your funding comes from each of the following sources?

Name	Private Grants	Federal Grants	State Grants	Health Insurance Reimbursements	Individual Donations	Other
ANDRUS			100%			
April's Child	30%				25%	45%
Dominican Sisters Family Health Service				95%		5%
Family Services of Westchester, Early Childhood Respite						100%
Family Services of Westchester, Early Head Start		100%				
Family Services of Westchester, Early Recognition Screening Program			100%			
Family Services of Westchester, Family Strengthening						100%
Family Services of Westchester, Inc., Head Start Program		65%	35%			
Parents as Teachers	50%					50%
Westchester Community Opportunity Program		75%	20%		5%	
Westchester Jewish Community Services, Parent Child Home Program	70%		30%			

Which of the following specific services does your program offer?

Services	Number of Programs
Community Resources & Referrals	14
Referrals for Early Intervention Services	10
Domestic Violence Services or Referrals	8
Family Case Management	7
School Readiness	7
Mental Health Counseling	5
Other	6

Program Evaluation & Services

Does your program collaborate or partner with other agencies to provide additional services to your client families?

- Over 65 separate collaborations/ partnerships/ referrals listed
- Most repeated:
 - School districts: 17
 - Health clinics: 8
 - Department of Social Services: 6
 - Hospitals: 6
 - Mental health clinics/ facilities: 5
 - FSW: 4
 - WJCS: 4
 - WIC: 4
 - Child Care Council of Westchester: 3
 - Pediatricians/ doctors: 3
 - Planned Parenthood

*Westchester County Home Visiting Programs
Spring 2011
Ages 0-6*

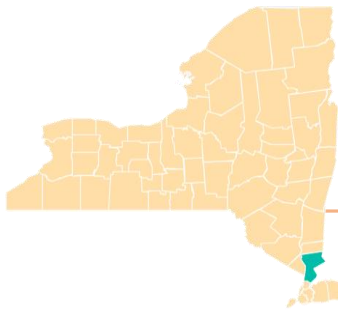
Agency	Program Model	Target Population	# of Children Served	# of Other Clients (if not child)	Age of Children Served	Service	Cost/ Family/ Yr	Funding	Location /Community	Outcomes/Goals
WJCS	Parent Child Home Program*	At-risk parents (single, low-income, teen parent, multiple risk factor families, etc)	130	Parents and other household members	16 mo. Through age 4, typically ages 2 and 3 targeted	Home visits twice weekly for half an hour each visit for two years following school calendar	\$2400	Varied: Invest in Kids, private/foundation/endorsement	White Plains, Greenburgh, Port Chester, New Rochelle, Mount Vernon, Mamaroneck	-Early Literacy -Increased School readiness -Enhanced social-emotional development -Strengthen parent-child relationship
Andrus	Healthy Families*	At-risk families identified by Family Stress Checklist and Kenpe Assessment, pregnant and post partum women		147 families	Enrollment before child reached 3 months of age and continues up to age 5	Weekly home visits by trained paraprofessionals during at least the first six months of the child's life with intensity decreasing based on family need	\$4,600	OCEFS and SAMSHA via Project LAUNCH	Yonkers 10701 & 10705	-Support positive parent-child bonding and relationships -Promote optimal child health and development -Enhance parental self-sufficiency -Prevent child abuse and neglect
Dominican Sisters	Nurse Family Partnership*						\$4500			
DOH Department of Health of Westchester County	Healthy Beginnings	High-risk prenatal women who have open cases with WCDSS Preventive Services, Foster Care or CPS.	53	32	NB - 18	Minimum of a monthly home visits by trained paraprofessionals until the newborn is one year of age.	\$2400-\$4500 depending on caseload	WCDSS COPS funding	Westchester County	-Prevent youth from foster care placement -Prevent low birth weight -Prevent preterm birth -Increase prenatal appointment compliance
	Healthy Mom Healthy Baby	At-risk Medicaid –eligible prenatal and postpartum women and their infants.						NYSDOH	Albany, Erie, Monroe, Chondaga, Westchester and the Bronx	-Improve birth outcomes for Medicaid—eligible pregnant and postpartum women and their newborn through: early identification, outreach, referral and home visiting services.
Dominican Sisters	Home Visiting									

Agency	Program Model	Target Population	# of Children Served	# of Other Clients (if not child)	Age of Children Served	Service	Cost/ Family/ Yr	Funding	Location /Community	Outcome/Goals
Andrus	TAPAS	Referrals from Department of Social Services CPS or PS unit		66 families	0 to 18 years of age	2 times per week for 3 months	\$3309	DSS	All of Southern Westchester County	- Reduce risk of harm to the children , improve family functioning, and avert the need for foster care placement.
Mt. Vernon Neighbor Health Center	Community Health Worker Program	At risk pregnant women who are not receiving prenatal care.	It varies depending on the family size—each CHW carries a caseload of 25-35 clients	25-35 cases per CHW	Birth to 5 years old	Monthly home visits	Low income families	NY State DOH	Mt. Vernon Yonkers Greenburgh	- Positive Health Outcomes
VNSW Visiting Nurse Services in Westchester	Certified Home Health Care Services	Home Health Care for all ages including services for At-Risk Families, home safety evals , skilled assessment and patient education, hands on care i.e. wound care, administration of injectable medications , catheter care. Referrals received from Physicians, Hospitals, Rehab. centers, CPS, MCALD managed Care.	500 children	>5000	From birth	Intermittent Skilled Nursing, Rehabilitation Services(PT, OT, ST) Home Health Aides Medical Social Services Visit frequency and duration dependent on need. Specialty Programs: Chronic Disease Management, Telehealth, Mental Health,	Based on need	MCARE, MCALD, Managed Care, Private Insurance, Grants.	All of Westchester	Improve Health status through service provision, education and sustain independence in the home.
Open Door	NA									
HMOS	?									
WIHD	Project Impact	Parents with cognitive disabilities involved with DSS Preventive Services	~40 per year	~18 families per year	Mostly birth through early childhood/ preschool age targeted but could include older children	3 times per week for 1.5 hours per day for 4-6 months		DSSPS	All of Westchester	-Increasing parenting skills -Reduce # of indicated CPS reports -Reduce foster care entry/ re-entry

Spring 2011

Agency	Program Model	Target Population	# of Children Served	# of Other Clients (if not child)	Age of Children Served	Service	Cost/ Family/ Yr	Funding	Location /Community	Outcome/Goals
FSW	Early Childhood Respite	Families with children birth to five receiving preventive services	90-100 children	24 families per year	Birth to 5	One home visit per week for 1 ½ hour for 4-5 months		DSS	All of Westchester	-reduce the amount of children in foster care -improve parent/ child relationship -assist with parenting
	Family Strengthening	Children ages 3-8 referred by MCT or WMC crisis Oriented Program	18 children per year	18-20 families per year	3-8 years old	Home visits sand school visits 1-2 times a week for 6-8 months		DCMH/ DSS	All of Westchester	Main goal is to keep young children out of psychiatric hospitals
Child Abuse Prevention Center (Child Abuse and Exchange)				150 families	12 (18 for DSS)	Visits 3-15 hours per week for an average of 18 months				
WestCop	Early Head Start	Referrals from hospitals and physicians?			6 weeks to 2 years and 9 months	2 visits per year			Mt. Vernon, Yonkers, Peekskill, Port Chester (center based)	

Those Program Models that are not Bolded have not yet begun.
Those Program Models that have * are evidence based models.



NYS Home Visiting Need

WESTCHESTER COUNTY

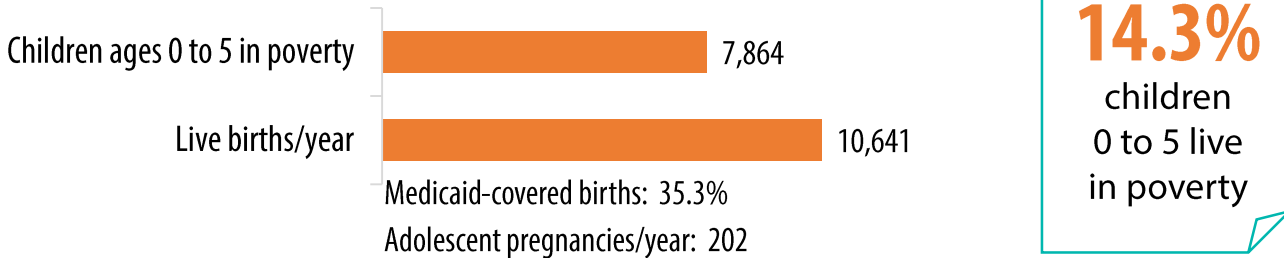
Data Snapshot

June 2016

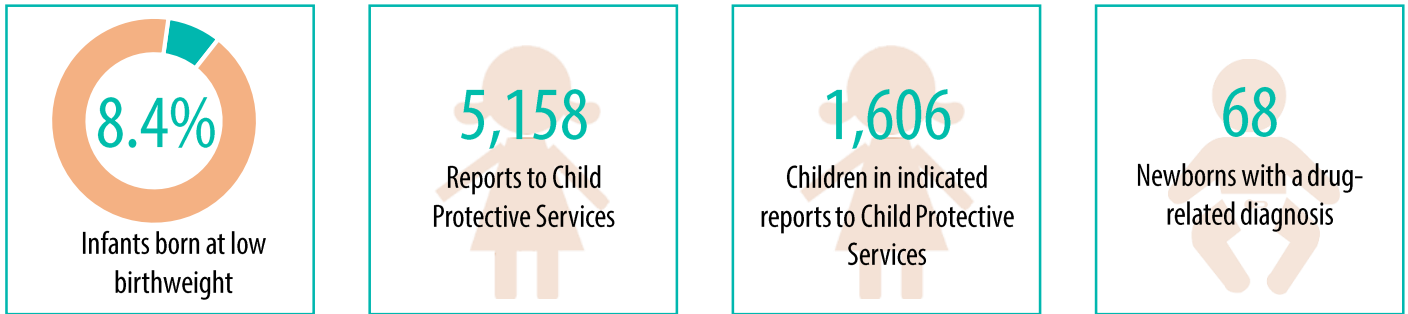
55,053 children ages 0 to 5

Indicators of Need

Poverty

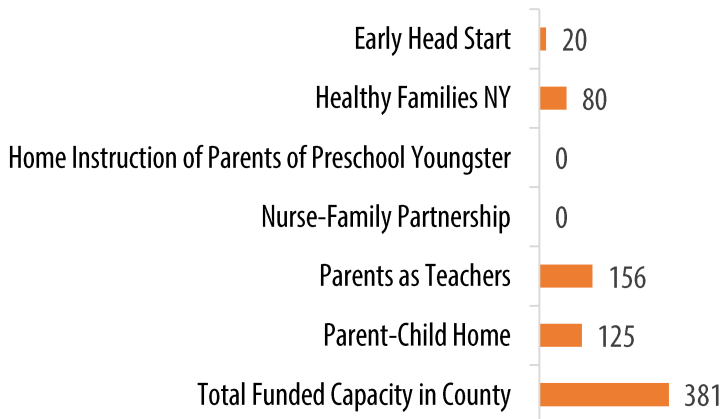


Health and Well-Being

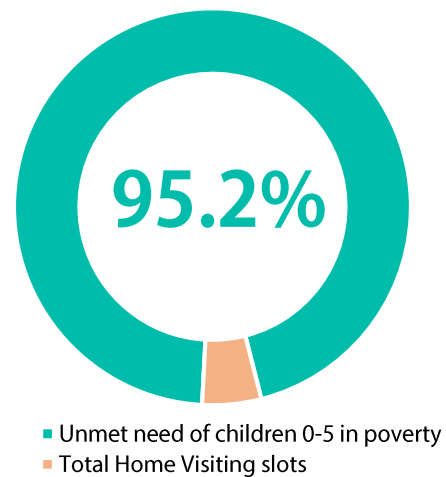


Access to Home Visiting

Funded Capacity by Program Model



Unmet Need



*Data was pulled from various sources, most—but not all—from 2014 data. To see our full report, which includes snapshots of New York State and all New York counties, and for information on the data sources, please go to www.scaany.org/policy-areas/maternal-infant-and-early-childhood.

ORGANIZATION/AGENCY NAME	HOME VISITING PROGRAM	CONTACT PERSON	EMAIL
Andrus	Healthy Families New York	Corine E. Lurry	clurry@jdam.org
April's Child	Parent Aide Program	Sonia Herzenberg-Kleinman, LCSW	soniahkleinman@hotmail.com
Birth-In-Motion	Birth-in-Motion	Silvie Falschlunger	scfalschlunger@optonline.net
Dominican Sisters Family Health Service	Dominican Sisters Family Health Service-MCH Program	Terry Georgeo	tgeorgeo@dsfhs.org
Family Services Of Westchester, Inc.	Head Start	Vernex Harding	VHarding@fsw.org
Family Services Of Westchester, Inc.	Early Head Start	Vernex Harding	vharding@fsw.org
Family Services Of Westchester, Inc.	Family Strengthening	Diana Cohen, LCSW	dcohen@fsw.org
Family Services Of Westchester, Inc.	Early Childhood Respite	Diana Cohen, LCSW	dcohen@fsw.org
Family Services Of Westchester, Inc.	Early Recognition Screening Program	Sebastian Bliffel	SBliffel@fsw.org
Mt. Vernon Neighborhood Health Center	Maternal Infant Community Health Collaborative - Community Health Worker Services	Cheryl Hunter-Grant	hunter-grantc@lhvpn.net
Parents As Teachers	Parents as Teachers	Danielle Levin	dlevin0633@bcstdny.org
Visiting Nurse Service In Westchester	Certified Home Health Care Provider	Mary Gadomski	mgadomski@vns.org
Westchester Jewish Community Services	Parent Child Home Program	Patrice Cuddy	pcuddy@wjcs.com
Westchester County Department Of Health	Westchester County Department of Health	Laurie R. Smalley, SPHN	lds2@westchestergov.com
Westchester Community Opportunity Program, Inc.	Head Start, Early Head Start Program	Ellen Farrar	efarrar@comcast.net
Westchester Jewish Community Services	Young People Achieve	Paula Santa-Donato	psantadonato@wjcs.com

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WCA would like to thank all members of the Home Visiting Workgroup for their continuous work, ongoing support and dedicated advocacy to improving home visiting services in Westchester. A special thanks to members (identified below by *) who completed the survey, shared their time, information and insights.

Westchester Children’s Association Home Visiting Workgroup Agencies, as of May 2017

ANDRUS *	Westchester County Department of Social Services
April’s Child *	
Archcare (formerly Dominican Sisters) *	Westchester County Department of Community Mental Health
Bedford Central School District	
Birth in Motion *	Westchester County Department of Health *
Child Care Council of Westchester	Westchester County Medical Center
Family Services of Westchester *	Westchester Institute for Human Development
5 Steps to Five	Westchester Jewish Community Services *
Frog Rock Foundation	
Hudson River Health Care	
Lower Hudson Valley Perinatal Network	
Montefiore Home Care	
Mt. Kisco Child Care Center	
Mt. Vernon Neighborhood Health Center *	
Neighbors Link	
Open Door Family Medical Center	
Ossining Union Free School District	
Parents as Teachers *	
Student Advocacy	
Visiting Nurse Service Westchester *	
Westchester Community Opportunity Program*	

WCA gratefully acknowledges the Raffiani Family Foundation for support of this report and the Frog Rock Foundation and the Philip and Lynn Straus Foundation for support of our work on early childhood issues.

Westchester Children's Association works to ensure that every child is healthy, safe and prepared for life's challenges.

We Educate!

We analyze data, publish information and hold events to educate the public and policy makers about children's needs.

We Connect!

We convene and lead conversations to build a shared agenda addressing those needs.

We Act!

We advocate and mobilize parents, youth, and concerned citizens to support effective solutions that improve kids' lives.

Please join us in our mission.



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